

# Bike-MS September 10 & 11

## **Once Again I Solicit Bike-MS Volunteers**

Yes, I vowed last year to not again take-on the responsibility of recruiting and scheduling Rest-Stop volunteers. However, over the last seven years the organizers have come to rely heavily on Cape Lookout SPS and the Fairfield Harbour Yacht Club. We support the two busiest stops – the Saturday 9/10/16 Lunch Stop at Macedonia FWB Church in Ernul, and the Sunday 9/11/16 Rest Stop at Bethany Christian Church in Arapahoe. Although I am recruiting/scheduling volunteers, I am ceding my “captain” duties to Jim Reynolds on Saturday and Ed Gagnon on Sunday.

Each year we have provided about 40+ volunteers in support of the Saturday Lunch Stop and a Sunday Rest Stop. This represents over 20% of the total “Stop” volunteers. The organizers are grateful and. they have eliminated (for us) most of the required information requested of other volunteers – all you have to do is submit your name to [rtobacco@suddenlink.net](mailto:rtobacco@suddenlink.net).

Having multiple sclerosis means that you may suddenly have blurry vision. Or that your memory will fail you for no apparent reason. Or that you may not always be able to walk, let alone ride a bike. The symptoms of MS are different, and devastating, for everyone - the only certainty is that it will affect yet another person every hour of every day.

Let’s support the people who ride and earn donations to fight this dreaded disease. Riders earn hundreds even thousands of dollars by riding in this event. They do this without seeming to be aware of the sacrifice they make, but are most appreciative of the food and drink we hand out to them. Be part of the New Bern weekend event that raises around 1.8 million dollars to fight Muscular Sclerosis.

## **Please Volunteer**

- You will find it to be a very rewarding experience
- You are entitled to a Saturday afternoon ‘thanks’, that includes free live music, beer and a scrumptious dinner
- Indirectly, you will be helping to cure this dreaded disease